**POSTMAN guide**

Step 1: Select the METHOD(POST/PATCH/GET/DELETE)

Step 2: input the address e.g. localhost:4000/api/user/login

Step 3: for routes that require a request body, select "Body" under the address bar and use the drop-down bar to select "raw" and "JSON"

Step 4: input the request body - examples provided for each request

Step 5: press Send

Refer to POSTMAN.txt for the routes

